2022 Bethlehem Town Pool Red Cross Teen Programs

Water Safety Instructor- Aide Certification (Swim Teacher Aide Training)

Training session:

Tues. June 28 – Th July 14 M, T, W, TH 10:30 am – 2 pm Apprenticeship of 20 hour occurs during teaching times July 18 – July 28 and/or Aug 1 – Aug 11 M, T, W, TH 10:30 am – 2 pm

\$50 Red Cross Learn -to Swim Level 3 Swimmers and up. Ages 12 – 16

Description of class: Anyone wanting to become a teacher's aide in an American Red Cross Learn-to-Swim program should take this class. Swim Teachers through the American Red Cross are referred to as WSI (Water Safety Instructors).

Participants must be at least 12 years old **and** have Red Cross Learn- to-Swim Level 3 swimming skills A pre-class swim skills assessment is given the first day of class (see below).

In addition to class time, 20 hours of apprenticeship assisting our swim lesson program is required for WSI-aide Certification. Participants will need to complete the WSI-Aide Handbook. Certification is awarded based on classroom participation, completion of assignments, and successful apprenticeship hours.

Classroom time:10:30 am - 11:30 amSwim Team11:30 am - 12:30 pmTeaching time:12:30pm - 2:30 pm (aide will have a break during this time)

Max of 6 participants each session (choice of weeks will be first come, first serve).

Pre-class skills assessment (Learn-to-swim level 3 exit skills):

- 1. Jump into deep water from the side, recover to the surface, maintain position by treading or floating for 1 minute, rotate one full turn then turn as necessary to orient to the exit point, level off, swim front crawl and/or elementary backstroke for 25 yards, then exit the water.
- 2. Push off in a streamlined position then swim front crawl for 15 yards, change position and direction as necessary, swim elementary backstroke for 15 yards, then exit the water.
- 3. Swim 25 yards of each of the following strokes:

Front Crawl Breaststroke Elementary Backstroke Sidestroke

Bethlehem Town Pool will pay the Red Cross courses fees for WSI-aides who complete a course & apprenticeship hours when they are eligible to take the WSI Course at 16 years of age.

2022 Red Cross Teen Program Participant Information

PARTICIPANTS NAME_				
	DATE OF BIRTH		MALE	FEMALE
ADDRESS				-
_EARNING STYLE and	concerns instructor should be awa	are of:		
ANY MEDICAL CONDIT	TIONS WE SHOULD BE AWARE (DF? Allergies? As	thma? Seizures?	P Diabetes? Other?
PARTICIPANT IS A:	Training session: \$50 June 28 - July 15	Tra i July	Junior Lifeguard Training session: \$150 July 5 - Aug 4	
	M, T, W, TH 10:30 am- 2:00 pm	M, [†]	T, W, 2-5 PM, Th	ursday TBA
PARENT/GUARDIAN II				
PARENT/GUARDIAN N PHONE	AME: EMAIL		RELATIO	ONSHIP
	AME: EMAIL			ONSHIP
	CT INFORMATION (Contact perso			
				HONE
hazardous activity. I and death. The undersigned hereby from any and all clain program by the parti- the facility. The parent/guardian aut during their particip agrees to pay all cos also understand that pl publicity purposes.	recognize that there are risks inhe y releases and holds harmless the ms, liabilities or demands whatsoe cipant herein. The Bethlehem Town thorizes any representative of the I ation in the Bethlehem Town Po its associated with medical care ar hotos are occasionally taken at the	rent in the sport of Town of Bethlehe ver arising or clai n Pool assumes r Bethlehem Public bol swim lessons nd transportation f e Bethlehem Towr	of swimming, incluent, it's Council a med to have aris no responsibility f Pool to have the or programs. F for the participan n Pool and that a	e and understand that swimming is a uding but not limited; to paralyzing injuries and any officers, employees or agents there en out of the enrollment or participation in for any personal property placed in or about a participant treated in any medical emerge urther, the participant and/or parent/guar t. ny photo taken of my child may be used for ity purposes, please initial here
have read and understo	ood, and I agree with the Release	Cause outlined at	oove.	
SIGNATURE OF RESP	ONSIBLE PARTY RELATIONSHIP	P DATE		
			SE ONLY	
PERSON PAYING	:	PHC (IF	ONE: PERSON IS DIFFE	RENT THAN THE CONTACT PERSONS)
PAYMENT TYP	E CHECK #	CASH		TOTAL AMOUNT
AUTHORIZED	BY			